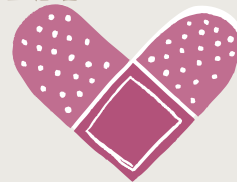


Shingles Vaccine



Who should get vaccinated?



Older Adults

All adults ages 50 years and older can get two doses of shingles vaccine, with the second dose received 2 – 6 months after the first.



Adults with a Weakened Immune System

Adults ages 19 years and older with a weakened immune system can get two doses of shingles vaccine, with the second dose received 1 – 2 months after the first. Ask your provider if you are unsure if you should receive the shingles vaccine.

Why get vaccinated?

This vaccine can prevent shingles, a disease that can cause painful blistery rash, fever, headache, chills, or upset stomach.

Complications include pneumonia, hearing problems, blindness, brain inflammation, and death.

People who have had chickenpox (caused by the varicella virus) can get shingles if the virus becomes active again. While shingles can't spread from person-to-person, people infected with shingles can spread chickenpox to others through direct contact.

Fast facts about the Shingles vaccine

1



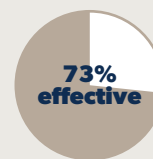
The vaccine is given in 2 doses to all adults 50 years or older and adults with a weakened immune system.

2



Shingles is caused by previous chickenpox infection.

3



The vaccine is 73% effective against shingles

To learn more about this vaccine and possible side effects, see the CDC Vaccine Information Statements:



Health is a community effort — tell your friends, family, and coworkers. Learn more about the benefits of vaccines and which ones you might need at [JuntosEnSalud.org](https://www.juntosensalud.org).

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