## Varicella Vaccine

(Chickenpox)



# Who should get vaccinated?

#### Early Adolescents, Adolescents, and Adults

Anyone who has never had chickenpox and didn't get the varicella vaccine when they were younger can get 2 doses of the vaccine.



#### Children

Children need 2 doses of varicella vaccine, usually at:

- 12 15 months
- 4 6 years

### Why get vaccinated?

This vaccine can prevent chickenpox, a disease that can cause an itchy, painful, and blistery rash, fever, tiredness, loss of appetite, and headache.

Complications include bacterial infections, pneumonia, brain inflammation, and rarely death.

You can get chickenpox through direct contact with someone with chickenpox or the air when near someone with chickenpox who coughs or sneezes.

If you have had chickenpox, you may be at risk for shingles later in life.

#### Fast facts about the Varicella vaccine





The vaccine is given in 2 doses to children at 12-15 months and 4-6 years.

2



Adults who didn't get the vaccine when they were younger should receive 2 doses.

3



Getting both doses of the vaccine is 90% effective against chickenpox.

To learn more about this vaccine and possible side effects, see the CDC Vaccine Information Statements:



Health is a community effort — tell your friends, family, and coworkers. Learn more about the benefits of vaccines and which ones you might need at **JuntosEnSalud.org**.



