



Cameron County Resources



UTHealth[®] Houston



TEXAS EPIDEMIC
PUBLIC HEALTH
INSTITUTE



VACCINATION SITES

Map of vaccine locations

<https://www.vaccines.gov/search/>

Walgreens

1406 E. Harrison Ave., Harlingen, TX 78550

956-412-8362

1810 W. Tyler Ave., Harlingen, TX 78550

956-364-0249

1921 S. 77 Sunshine Strip, Harlingen, TX 78550

956-365-3035

2105 Ruben M. Torres Blvd., Brownsville, TX 78526

956-504-3142

H-E-B

1213 S. Commerce St., Harlingen, TX 78550

956-425-4423

613 S. Expressway 83, Harlingen, TX 78550

956-428-9647

1103 Morgan Blvd., Harlingen, TX 78550

956-440-1787

1095 W. Business 77, San Benito, TX 78586

956-399-5233

2155 Paredes Line Rd., Brownsville, TX 78526

956-574-9707

2250 Boca Chica Blvd., Brownsville, TX 78521

956-541-0384

<https://www.heb.com/pharmacy/vaccinations>

Walmart

1801 W. Lincoln St., Harlingen, TX 78552

956-425-7753

1126 W. US-77, San Benito, TX 78586

956-399-1373

1004 W. Ocean Blvd., Los Fresnos, TX 78566

956-233-1822

3500 W. Alton Gloor Blvd., Brownsville, TX 78520

956-350-3455

2205 Ruben M. Torres Blvd., Brownsville, TX 78526

956-509-2078

2721 Boca Chica Blvd., Brownsville, TX 78521

956-544-7516

https://www.walmart.com/cp/flu-shots-immunizations/1228302?povid=HWS_Health&Wellness_4289766_Covid19Vaccines_MoreVaccines_LearnMore_TileCardsServiceVaccine

CVS Pharmacy

1002 Dixieland Rd., Harlingen, TX 78552

956-440-8329

2015 S. 77 Sunshine Strip, Harlingen, TX 78550

956-423-2986

790 E. Alton Gloor Blvd., Brownsville, TX 78526

956-544-0213

301 Morrison Rd., Brownsville, TX 78526

956-698-6121

1484 Ruben M. Torres Blvd., Brownsville, TX 78521

956-541-0167

<https://www.cvs.com/minuteclinic/covid-19-testing> Testing

<https://www.cvs.com/immunizations/covid-19-vaccine> Vaccine

Muniz Rio Grande Pharmacy

956-423-1753

833-200-0258

1117 S Commerce St., Harlingen, TX 78550

LHD Cameron County Health Department

956-247-3685

1390 W. Expy 83, San Benito, TX 78586

CCPH San Benito Nursing Office

956-361-8244

1390 W. Expy 83, San Benito, TX 78586

Salinas Pharmacy

956-399-5501

500 N. Sam Houston Blvd., San Benito, TX 78586

Trinity Health Services SWK Casa Antigua

956-247-7500

502 E. Expressway 83, San Benito, TX 78586

Compass Connection Henderson

956-302-4260

32120 Farm To Market 1847, Los Fresnos, TX 78566

Brownsville Kiddie Health Center

956-504-6080

95 E. Price Rd Bldg F, Brownsville, TX 78521

Casa Presidente JK Family

1 Ted Hunt Blvd., Brownsville, TX 78521

956-589-7600

2686 W. Alton Gloor Blvd # 1, Brownsville, TX 78520

956-350-5444

FOOD PANTRY

Food Bank of the Rio Grande Valley

956-682-8101

724 N. Cage Blvd., Pharr, TX 78577

<https://foodbankrgv.com/>

Call main line for agency near you and hours of service

San Felipe de Jesus Food Pantry

956-982-2007

2215 Rancho Viejo Ave., Brownsville. TX 78526

Infant & Family Nutrition Agency – Food Distribution Center

956-541-9250

1225 Boca Chica Blvd., Brownsville, TX 78520



The Los Fresnos Community Food Pantry – Food Distribution Center

956-266-0695
810 W. Ocean Blvd., Los Fresnos, TX 78566

FPG Food Pantry / FAD Despensa de Alimentos

956-412-5600
4501 W. Expy 83, Harlingen, TX 78552

Loaves & Fishes of the Rio Grande Valley – Food Distribution Center

956-432-1014
514 S E. St., Harlingen, TX 78550

United Way of Southern Cameron County

956-548-6880
634 E. Levee St., Brownsville, TX 78520

Our Lady of the Assumption Church

956-423-4670
1313 W. Buchanan St., Harlingen, TX 78550

San Benito Food Pantry

956-572-0003
195 W. Adele St., San Benito, TX 78586
<https://www.facebook.com/people/San-Benito-Food-Pantry/100064604325359/>

Harlington information and Social Service Organization

210-423-5200
802 N. Commerce St., Harlington, TX 78550

Brownsville Community Center

956-459-3625
3545 E. 14th St., Brownsville, TX 78521

Good Neighbor Settlement House

956-542-2368
1254 E. Tyler St., Brownsville, TX 78520

Bishop Enrique San Pedro Ozanam Center

956-831-6331
656 N. Minnesota Avenue, Brownsville, TX 78521
<https://ozanambrownsvillecenter.org/>

United Way of Northern Cameron County

956-423-5954
320 E Harrison Ave., Harlingen, TX 78550
<https://unitedwayincameronwillacy.org/>

The Salvation Army of Harlingen

956-423-2454
201 E. Monroe Ave., Harlingen, TX 78550
<https://southernusa.salvationarmy.org/harlingen/>

Catholic Charities of the Rio Grande Valley

956-541-0220
955 W. Price Rd., Brownsville, TX 78520
<https://www.catholiccharitiesrgv.org/Home.aspx>

Our Lady of Good Counsel Catholic Church

956-541-8341
1055 Military Rd., Brownsville, TX 78520

FUNERAL ASSISTANCE

DFS Memorials

646-374-4212 (Main Office)
<https://dfsmemorials.com/>
Find local and affordable cremation and funeral arrangements.

Catholic Charities of the Rio Grande Valley

956-702-4088
700 Virgen de San Juan Blvd., San Juan, TX 78589
<https://www.catholiccharitiesrgv.org/emergency-assistance-program.shtml>

Children’s Burial Assistance

404-507-6310
<https://www.childrensburial.org/>
Provides donated burial plots throughout the United States — wherever plots are available — and urns to help offset the cost of their child’s burial fees.

LEGAL AND OTHER ASSISTANCE

Texas Free and/or Low-Cost Legal Services

<https://tea.texas.gov/about-tea/government-relations-and-legal/se-texas-free-and-or-low-cost-legal-services-list-july-2020.pdf>
Information about free or low-cost legal service providers in the State of Texas

Texas Rio Grande Legal Aid, Inc.

301 S. Texas Ave., Mercedes, TX 78570
956-996-8752
<https://www.trla.org/>

Casa de Proyecto Libertad

956-425-9552 (Main Office)
113 N. 1st St Harlingen, TX 78550
Handles all aspects of immigration cases.

Disability Rights Texas

210-737-0499 (San Antonio)
512-454-4816 (Headquarters)
<https://disabilityrightstx.org/en/home/>



Family Crisis Center, Inc.

1-866-423-9304 (24-hour hotline)

956-423-9305

956-423-9306

616 W. Taylor Harlingen, TX 78550

<https://www.familycrisisctr.org/>

Provides legal advocacy and free, confidential direct services for victims of domestic violence and sexual assault.

Friendship of Women, Inc. (FOWI)

956-544-7412 (24-hour crisis hotline)

Family and sexual violence hotline

<http://www.fowinc.com/>

Advocacy, education, prevention, and provide safe homes for victims and their families.

LASSA (Legal Aid for Survivors of Sexual Assault)

1-844-303-7233 (Option 1)

Monday – Friday 9 a.m. to 5 p.m.

<https://lassatexas.org/>

South Texas Immigration Council

956-542-1991 (Brownsville Office)

4 E. Levee St., Brownsville, TX 78520

Legal representation to the immigrant population of Rio Grande Valley.

South Texas Pro Bono Asylum Representation Project (ProBAR)

956-365-3775 (Main Office)

202 S. 1st St., Suite 300, Harlingen, TX 78550

<https://abaprobar.org/>

Legal information, representation, and connections to services to immigrants.

Hidalgo County Bar Association

956-380-1691

311 W. Freddy Gonzalez Dr., Edinburg, TX 78539

<https://www.hidalgobar.org/>

Hidalgo Community Justice Program

956-383-6240

2524 N. Closner Blvd., Edinburg, TX 78539

Provides family law-related legal services to indigent individuals throughout the lower Rio Grande Valley.

Tip of Texas Family Outreach

956-541-5566 (Office)

956-459-5755 (Cell)

455 E. Levee St., Brownsville, TX 78520

<https://www.totfo.org/>

Strengthen families and prevent child abuse and neglect by providing supportive services, information and referrals.

La Union del Pueblo Entero (LUPE)

San Benito

956-626-1718

338 N. Sam Houston Blvd., San Benito, TX 78586

<https://lupenet.org/>

Fight deportations, provide social services, and English classes.

Senior Advocacy Center (Senior Advocacy Coalition)

956-543-5404

<https://www.healthybrownsville.org/>

Bring senior advocacy to the City of Brownsville, health, education, and workshops that help senior citizens.

Tropical Texas Behavioral Health

1-877-289-7199 (Crisis Hotline)

1-800-813-1233 (For appointments or questions)

Harlingen

956-364-6500 (Outpatient Clinic)

956-364-6600 (Intellectual and Developmental Disabilities)

956-289-7100 (Substance Use Disorder)

1-800-813-1233 (Mental Health Adult Service)

956-364-6590 (Peer Drop in Center)

956-423-1233 (Veteran Drop in Center)

103 N. Loop 499, Harlingen, TX 78550

Brownsville

956-547-5400 (Outpatient Clinic)

956-547-5500 (Intellectual and Developmental Disabilities)

956-554-4475 (Substance Use Disorder)

1-800-813-1233 (Mental Health Adult Services)

956-554-4438 (Peer Drop In Center)

956-547-1510 (Veterans Drop In Center)

861 Old Alice Rd., Brownsville, TX 78520

<https://www.ttbh.org/>

Provider of recovery-oriented services to individuals with behavioral health needs.

VA Texas Valley Coastal Bend Healthcare System

<https://www.va.gov/texas-valley-health-care/>

Harlingen VA Clinic

956-291-9000 (Main Phone)

833-284-7212 (VA Health Connect)

855-864-0516 (Mental Health Care)

2601 Veterans Dr., Harlingen, TX 78550

Brownsville VA Clinic

956-366-4500 (Main Phone)

833-284-7212 (VA Health Connect)

855-864-0516 (Mental Health Care)

5700 N. Expressway, Texas Coastal Professional Building, Suite 101, Brownsville, TX 78526

Harlingen VA Clinic-Treasure Hills

956-366-4500 (Main Phone)

1-855-864-0516 (VA Health Connect)

1-855-864-0516 - press 2, then press 5 (Mental Health Care)

2106 Treasure Hills Blvd., Harlingen, TX 78550



Brownsville Community Health Center

New Horizon Medical Center (Main Location)

956-548-7400

956-621-3634 (Adult Medicine)

956-621-3679 (Women's Health Center)

956-621-3677 (Pediatrics)

956-621-3671 (Dental Care)

956-621-3645 (Pharmacy)

956-621-3682 (Laboratory)

956-621-3684 (Health Education)

191 E. Price Rd., Brownsville, TX 78521

BCHC At 22nd St

956-621-3657

956-545-0754 (Adult Medicine)

956-838-6604 (Pediatrics)

956-545-0805 (Women's Health)

956-545-0760 (Eye Clinic)

2137 E. 22nd St., Brownsville, TX 78520

New Horizon Medical

956-546-3209

956-548-7400 (After-Hours Care, 24 hr answering service)

95 E., Price Rd., Building D, Suite B, Brownsville, TX 78521

<https://brownvillechc.org/>

Comprehensive primary health regardless of their ability to pay.

Planned Parenthood

Brownsville

956-546-4571

870 E. Alton Gloor Blvd., Suite B, Brownsville, TX 78526

https://www.plannedparenthood.org/health-center/texas/brownsville/78526/planned-parenthood-brownsville-3342-91710?utm_campaign=planned-parenthood-brownsville&utm_medium=organic&utm_source=local-listing

Provides high quality, affordable health care, and sex education. May qualify for low — or no — cost services.

Harlingen Health Center

956-423-8584

712 N. 77 Sunshine Strip, Suite 18, Harlingen, TX 78550

https://www.plannedparenthood.org/health-center/texas/harlingen/78550/planned-parenthood-harlingen-2561-91710?utm_campaign=planned-parenthood-harlingen&utm_medium=organic&utm_source=local-listing

Provides high quality, affordable health care, and sex education. May qualify for low — or no — cost services.

Su Clinica

956-953-1859

<https://www.suclinica.org/>

Brownsville Adult Medicine / Dental / Pediatrics / Women's Health

956-831-8338 Clinic & Pharmacy

956-365-6000 After Hours Nurse Line

105 East Alton Gloor Brownsville, TX 78526

Harlingen Adult Medicine / Dental / Pediatrics / Women's Health

956-365-6000 (Clinic and After-Hours Nurse Line)

956-365-6005 (Pharmacy)

1706 Treasure Hills Blvd., Harlingen, TX 78550

Region One Education Service Center (AED Program)

956-984-6000

1900 W. Schunior St., Edingburg, TX 78541

<https://www.escl.net/services/family/adult-education#regional%20needs>

Free classes available year-round, providing ESL, GED, and workforce preparation help for students to succeed.

Vida Initiative for Development and Advancement (VIDA)

956-903-1900

1-800-478-1770 (Toll Free)

417 S. Ohio Ave., Mercedes, TX 78570

<https://www.vidacareers.org/>

Helps low-income, unemployed, and underemployed residents of the Rio Grande Valley get the education and training they need to secure high-skilled, high-wage jobs.

Workforce Solutions Cameron

Brownsville

956-546-3141

851 Old Alice Rd., Brownsville, TX 78520

Harlingen

956-368-5200

1820 W. Jefferson Ave., Harlingen, TX 78550

Strive to meet the needs and demands of the workforce community by educating, employing, and empowering for a better quality of life.

<https://www.wfscameron.org/>

Area Agency on Aging of the Lower Rio Grande Valley

956-682-3481

301 W. Railroad St., Building D, Weslaco, Texas 78596

Support older adults with their independence and ability to reside in the community.

County Indigent Health Care Program

<https://www.hhs.texas.gov/services/health/county-indigent-health-care-program>

To locate local office call 2-1-1 or visit <https://www.211texas.org/>



Cameron County Indigent Health Care Program

1-800-701-5909

800 W. Jefferson St., Suite 130, Brownsville, TX 78520

AgriStress Helpline for Texas

833-897-2474

The AgriStress Helpline is a free and confidential crisis and support line open 24/7 for calls or texts.

Crisis Text Line

Text HOME to 741741

Provides free and confidential text-based mental health support.

LGBT National Help Center

888-843-4564 (National Hotline)

888-688-5428 (Coming out Support Hotline)

2-1-1 Texas

Call 211 or 877-541-7905

Help with finding food, housing, childcare, crisis counseling, or substance abuse treatment.

SAMHSA National Helpline

1-800-662-HELP (4357)

Treatment referral and information service for individuals and families facing mental and/or substance use disorders.

Military OneSource Hotline

1-800-342-9647

24/7 connection to information, answers, and support to help you reach your goals, overcome challenges, and thrive.

National Women Veterans Hotline

8 a.m. – 10 p.m. ET Monday – Friday

8 a.m. – 6:30 p.m. ET Saturday

855-829-6636

Online Chat <https://productionchat.vrm.vba.va.gov/system/templates/chat/wvcc/index.html?entryPointId=1009&templateName=wvcc&ver=v11&locale=en-US>

National Domestic Violence Hotline 24/7

1-800-799-7233

Text BEGIN to 88788

National Sexual Assault Hotline 24/7

1-800-656-4673

Chat online <https://hotline.rainn.org/online>

Texas Abuse Hotline

1-800-252-5400

<https://www.txabusehotline.org/Login/Default.aspx>

Call for situations or any injury to a child 5 years or younger that are urgent.

Suicide and Crisis Lifeline 24/7

Call or text: 988

Deaf, Hard of Hearing, or Hearing Loss Lifeline

Dial 711 then 988

Talk to Someone

<https://988lifeline.org/talk-to-someone-now/>

Online Chat

<https://988lifeline.org/chat/>

Your Texas Benefits: Medicaid

Call 211 or 1-877-541-7905

After choosing a language, press 2

<https://yourtexasbenefits.com/Learn/Home>

CHILD CARE

Easter Seals Rio Grande Valley

956-631-9171

PO Box 489, McAllen, TX 78505

<https://www.easterseals.com/rgv/>

Serve children with disabilities, they offer a variety of programs to meet the children's needs. Child intervention, childcare, and parenting training.

Casa of Cameron & Willacy Counties, Inc. (Court Appointed Special Advocates)

956-546-6545

1740 Boca Chica Blvd., Suite 300, Brownsville, TX 78520

<https://casaofcameronandwillacy.org/>

Serves abused and neglected children.

Workforce Solutions Cameron

Brownsville

956-546-3141

851 Old Alice Rd., Brownsville, TX 78520

Harlingen

956-368-5200

1820 W. Jefferson St., Harlingen, TX 78550

<https://www.wfscameron.org/how-do-i-apply-for-childcare-services/>

Texas Benefits Center

866-460-3899

<https://txbenefits.center/benefits/childcare/>

Texas Child Care Solutions

<https://texaschildcaresolutions.org/>

Connect Texas parents with parenting information ideas and on-the-ground resources.



FREE WIFI

Map of free WIFI in Texas

<https://go.uth.edu/freeWiFi>

Ethal L. Whipple Memorial Library

956-233-5330

402 W. Ocean Blvd., Los Fresnos, TX 78566

<https://losfresnos.ploud.net/>

Brownsville Public Library

956-548-1055

2600 Central Blvd., Brownsville, TX 78520

Brownsville Public Library, Southmost Branch

956-548-1055

4320 Southmost Blvd., Brownsville, TX 78521

HOME ASSISTANCE

Cameron and Willacy Counties Community Projects, Inc.

956-544-6411

1144 Professional Dr., Brownsville, TX 78520

Help with utilities, retrofitting of cooling and heating devices, assists communities and farm workers, and other services.

Cameron Park Multi Services Center

956-544-6631

2224 Carlos Ave., Brownsville, TX 78526

Assist individuals with gas electric bills and weatherization.

CDCB come dream. come build.

901 E. Levee St., Brownsville, TX 78520

956-541-4955

<https://cdcb.org/home>

Provide safe, sanitary affordable housing to citizens of South Texas

Community Action Corporation of South Texas

956-435-0379

519 E. Madison St., Brownsville, TX 78520

<https://cacost.org/>

Family Emergency Assistance

956-423-1014

514 S. E St., Harlingen, TX 78550

<https://lfrgv.org/how-we-help/family-emergency-assistance/>

Assistance with rent or utilities, and food bags.

Bishop Enrique San Pedro Ozanam Center

956-831-6331

656 N. Minnesota Ave., Brownsville, TX 78521

<https://ozanambrownsvillecenter.org/>

Provide shelter, food, clothing, education, and other resources.

Housing Authority of the City of Brownsville

956-504-1910

2602 Boca Chica Blvd., Brownsville, TX 78521

Cameron County Housing Authority

956-541-4983

65 Castellano Circle Brownsville, TX 78526

Harlingen Housing Authority

956-423-2521

219 E. Jackson St., Harlingen, TX 78550

Los Fresnos Housing Authority

956-233-5012

500 N. Arroyo Blvd., Los Fresnos, TX 78566

Port Isabel Housing Authority

956-943-2863

106 Port Rd., Port Isabel, TX 78578

San Benito Housing Authority

956-399-7501

1400 N. Reagan St., San Benito, TX 78586

Harlingen Community Development Corporation (HCDC)

956-421-2351

518 E. Harrison Ave., Harlingen, TX 78550 (Head Office)

<https://www.harlingencdc.org/>

Texas Benefit Center

866-753-1958

<https://txbenefits.center/benefits/housing/>

Texas Department of Housing and Community Affairs

1-800-525-0567

<https://www.tdhca.texas.gov/>

Texas State Affordable Housing Corporation

1-888-638-3555

<https://www.tsahc.org/>

FHA Loans or Programs

1-800-225-5342 (Toll Free)

1-800-877-8339

https://www.hud.gov/federal_housing_administration

HUD Rental Programs

1-800-955-2233 (Toll Free)

<https://www.hud.gov/>

https://www.hud.gov/topics/rental_assistance

Low Income Energy Assistance

1-800-674-6327 (Toll Free)



Texas Department of Housing & Community Affairs

1-800-525-0657 (Toll Free)

P.O. Box 13941, Austin, TX, 78711-3941

<https://www.benefits.gov/benefit/623>

About TEPHI

The Texas Epidemic Public Health Institute (TEPHI) works to help communities across Texas stay strong and ready for infectious disease outbreaks. We were created in 2021 and are based at UTHealth Houston.

TEPHI partners with local leaders and health experts to:

- Train the public health workforce through a variety of free courses
- Spot disease outbreaks early through wastewater testing
- Share clear, helpful health info with the public on infectious diseases
- Build a strong network of trained public health responders

TEPHI's goal is to keep Texans healthy and support our state's economy by getting ahead of outbreaks.

About The University of Texas at El Paso

The University of Texas at El Paso is America's leading Hispanic-serving university. Located at the westernmost tip of Texas, where three states and two countries converge along the Rio Grande, 84% of our 25,000 students are Hispanic, and more than half are the first in their families to go to college. UTEP offers 171 bachelor's, master's and doctoral degree programs at the only open-access, top-tier research university in America.

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