



Starr County Resources



TEXAS EPIDEMIC
PUBLIC HEALTH
INSTITUTE



VACCINATION SITES

Map of vaccine locations

<https://www.vaccines.gov/search/>

Lino's Pharmacy

<https://linospharmacyrx.com/>

708 N. Grant St., Roma, TX 78584

956-849-1811

101 FM 3167 #101-102, Rio Grande City, TX 78582

956-488-1811

956-540-5479 (new patients)

Popular Pharmacy

<https://www.mypopularrx.com/>

2849 E. Grant St., Roma, TX 78584

956-847-8000

5326 E. US Hwy 83, A 5, Rio Grande City, TX 78582

956-317-1112

Rio Grande Pediatric Clinic

956-716-1665

1627 E. US Hwy 83, Rio Grande City, TX 78582

<http://www.drjuanaguilera.com/rio-grande-pediatric-clinic/>

H-E-B

956-487-0905

4031 US Hwy 83, Rio Grande City, TX 78582

<https://www.heb.com/pharmacy/vaccinations>

Walmart

956-487-0711

4534 US-83, Rio Grande City, TX 78582

https://www.walmart.com/cp/flu-shots-immunizations/1228302?povid=OMNISRV_A_Lhn___i_HW_1228302_LeftHandNavigation_Pharmacy_Vaccines_1332399668

Vaccine

Vaccine

FOOD PANTRY

Bethal Mission, Inc.

956-847-4550

206 N. Bethel St., Roma, TX 78584

Colonia Unidas PCT #1 / La Rosita

956-849-2606

4192 W. Hwy 83, Rio Grande City, TX 78582

Colonias Unidas PCT #2

956-849-3102

20 FM 650, Roma, TX, 78582

Colonias Unidas PCT #4

956-487-2922

2235 FM 755, Rio Grande City, TX 78582

South Texas College

956-872-5866

5270 FM 3167, Rio Grande City, TX 78588

Casa de Esperanza

804 Ringgold St., Rio Grande City, TX 78582

956-534-2826

Templo Rosa de Saron

956-735-4233

6830 E. 6th St., Rio Grande City, TX 78582

South Texas Food Banks SNAP (Food Stamps) Outreach Program

956-726-3120 Ext.100

2121 Jefferson St., Laredo, TX 78040

<https://www.southtexasfoodbank.org/>

FUNERAL ASSISTANCE

DFS Memorials

646-374-4212 (Main Office)

<https://dfsmemorials.com/>

Find local and affordable cremation and funeral arrangements.

Children's Burial Assistance

404-507-6310

<https://www.childrensburial.org/>

Provides donated burial plots throughout the United States — wherever plots are available — and urns to help off-set the cost of their child's burial fees.

LEGAL AND OTHER ASSISTANCE

Texas Free and/or Low-Cost Legal Services

<https://tea.texas.gov/about-tea/government-relations-and-legal/se-texas-free-and-or-low-cost-legal-services-list-july-2020.pdf>

Information about free or low-cost legal service providers in the State of Texas

Texas Rio Grande Legal Aid, Inc.

956-996-8752

301 S. Texas Ave., Mercedes, TX 78570

833-329-8752 Free Legal Assistance

<https://www.trla.org/>

Casa de Proyecto Libertad

956-425-9552 (Main Office)

113 N. 1st St., Harlingen, TX 78550

Handles all aspects of immigration cases.

Disability Rights Texas

210-737-0499 (San Antonio)

1-800-252-9108 (Main Office)

<https://disabilityrightstx.org/en/home/>



LASSA (Legal Aid for Survivors of Sexual Assault)

1-800-991-5153 (Main Office)

<https://lassatexas.org/>

South Texas Pro Bono Asylum Representation Project (ProBAR)

956-365-3775 (Main Office)

<https://abaprobar.org/>

https://www.americanbar.org/groups/public_interest/immigration/projects_initiatives/south_texas_pro_bono_asylum_representation_project_probar/

Starr County Courthouse Annex

100 N. FM 3167, Rio Grande City, TX 78582

956-716-4800

Hidalgo County Bar Association

956-380-1691

323 W. Cano St., Suite 100, Edinburg, TX 78539

<https://www.hidalgobar.org/>

Hidalgo Community Justice Program

956-383-6240

2524 N. Closner Edinburg, TX 78541

<https://hidalgocsa.org/>

Provides family law-related legal services to indigent individuals throughout the lower Rio Grande Valley.

Workforce Solutions

888-261-3286

<https://www.wfsolutions.org/how-we-help/child-care.html>

Starr County Office

956-487-9100

5408 Brand St., Suite 1, Rio Grande City, TX 78582

<https://www.wfsolutions.org/how-we-help/child-care.html>

Edinburg Office

2719 W. University Dr., Edinburg, TX 78539

956-380-0008

Border Region – Behavioral Health Center

844-503-6182 (Waiver Inquiry Line)

1-800-643-1102 (Crisis Hotline 24/7)

956-794-3000

1500 Pappas St., Laredo, TX 78041

<https://www.borderregion.org/>

Provide cost-effective mental health services.

Region One Education Service Center (AED Program)

956-984-6000

1900 W. Schunior St., Edinburg, TX 78541

<https://www.esc1.net/services/family/adult-education#regional%20needs>

Help school system enhance student performance, operate efficiently and implement legislative initiatives

Nuestra Clinica Del Valle

<https://nuestraclinicadelvalle.org/>

Roma Clinic

956-849-2100

2891 E. Grant St., Roma, TX 78584

Rio Grande City Clinic

956-487-0846

600 N. Garza St., Rio Grande City, TX 78582

Nuestra Clinica del Valle

956-787-8915

956-787-0787

801 W. 1st St., San Juan, TX 78589

<https://www.vidacareers.org/>

Helps low-income, unemployed, and underemployed residents of the Rio Grande Valley get the education and training they need to secure high-skilled, high-wage jobs.

Women Together / Mujeres Unidas

1-800-580-4879 (Crisis Hotline 24/7)

956-630-4878 (Family Justice Center)

956-664-2826 (McAllen Satellite Center)

<https://mujeresunidas.org/>

Provide shelter and support services to victims of domestic violence and survivors of sexual assault and their families.

La Union del Pueblo Entero (LUPE)**Rio Grande City**

956-352-6248

104 E. Main St., Suite B, Rio Grande City, TX 78582

<https://lupenet.org/>

Provide social services and English classes.

Easter Seals Rio Grande Valley

956-631-9171

1217 W. Houston Ave., McAllen, TX 78501

PO Box 489, McAllen, TX 78505-0489

<https://www.easterseals.com/rgv/>

Serve children with disabilities; they offer a variety of programs to meet the children's needs. Child intervention, childcare, and parenting training.

VA Texas Valley Coastal Bend Healthcare System

<https://www.va.gov/texas-valley-health-care/>

McAllen VA Clinic

956-618-7100 (Main Phone)

1-833-284-7212 (VA Health Connect)

855-864-0516 (Mental Health Care)

901 E. Hackberry Ave., McAllen, TX 78501



Area Agency on Aging of the South Texas Development Council

1-800-292-5426
956-722-3995

PO Box 2187, Laredo, TX 78044-2187

Support older adults with their independence and ability to reside in the community.

County Indigent Health Care Program

<https://www.hhs.texas.gov/services/health/county-indigent-health-care-program>

To locate local office call 2-1-1 or visit <https://www.211texas.org/>

AgriStress Helpline for Texas

833-897-2474

The AgriStress Helpline is a free and confidential crisis and support line open 24/7 for calls or texts.

Crisis Text Line

Text HOME to 741741

Provides free and confidential text-based mental health support.

Family and Youth Success

https://www.dfps.texas.gov/Prevention_and_Early_Intervention/About_Prevention_and_Early_Intervention/fays.asp

Addresses family conflict and everyday struggle.

LGBT National Help Center

888-843-4564 (National Hotline)

888-688-5428 (Coming out Support Hotline)

2-1-1 Texas

Call 211 or 877-541-7905

Help with finding food, housing, childcare, crisis counseling, or substance abuse treatment.

SAMHSA National Helpline

1-800-662-HELP (4357)

Treatment referral and information service for individuals and families facing mental and/or substance use disorders.

Military OneSource Hotline

1-800-342-9647

24/7 connection to information, answers, and support to help you reach your goals, overcome challenges, and thrive.

National Women Veterans Hotline

8 a.m. – 10 p.m. ET Monday – Friday

8 a.m. – 6:30 p.m. ET Saturday

855-829-6636

1-800-698-2411 (MyVA411)

Online Chat <https://productionchat.vrm.vba.va.gov/system/templates/chat/wvcc/index.html?entryPointId=1009&tempLateName=wvcc&ver=v111&locale=en-US>

National Domestic Violence Hotline 24/7

1-800-799-7233

Text BEGIN to 88788

National Sexual Assault Hotline 24/7

1-800-656-4673

Chat online

<https://hotline.rainn.org/online>

Texas Abuse Hotline

1-800-252-5400

<https://www.txabusehotline.org/Login/Default.aspx>

Call for situations or any injury to a child 5 years or younger that are urgent.

Statewide Youth Services Network

https://www.dfps.texas.gov/Prevention_and_Early_Intervention/

Suicide and Crisis Lifeline 24/7

Call or text

988

Deaf, Hard of Hearing, or Hearing Loss Lifeline

Dial 711 then 988

Talk to Someone

<https://988lifeline.org/talk-to-someone-now/>

Online Chat

<https://988lifeline.org/chat/>

Your Texas Benefits: Medicaid

Call 211 or 1-877-541-7905

After choosing a language, press 2

<https://yourtexasbenefits.com/Learn/Home>

CHILD CARE

Bambini Learning Institute L.L.C.

2716 E. Grant St., Roma, TX 78584

956-847-4482

<https://m.facebook.com/BambiniLearningInstitute>

The Edutainment Zone

Roma

689 E. Grant St., Roma, TX 78584

956-847-4545 (Phone)

956-359-8474 (Text)

Rio Grande City

201 S. San Antonio St., Suite A, Rio Grande City, TX 78582

956-263-1439 (Phone)

956-595-8504 (Text)

<https://theedutainmentzone.com/>

Workforce Solutions

956-487-9100

5408 Brand St., Suite 1, Rio Grande City, TX 78582

<https://www.wfsolutions.org/how-we-help/child-care.html>



Texas Benefits Center

866-599-2469

<https://txbenefits.center/benefits/childcare/>

Texas Child Care Solutions

<https://texaschildcaresolutions.org/>

Connect Texas parents with parenting information ideas and on-the-ground resources.

FREE WIFI

Map of free WIFI in Texas

<https://go.uth.edu/freeWiFi>

Rio Grande City Public Library

956-487-4389

591 E. 3rd St., Rio Grande City, TX 78582

<https://www.rgclibrary.org/>

HOME ASSISTANCE

South Texas Development Council Community Service Program

956-722-3995

956-849-1000 (Office)

4192 W. Highway 83, Rio Grande City, TX 78582

<https://stdc.cog.tx.us/community-services/>

Roma Housing Authority

956-849-1159

301 N. Canales Circle, Roma, TX 78584

Starr County Housing Authority

956-487-3216

1988 N. Charco Blanco Rd., Rio Grande City, TX 78582

Community Action Corporation of South Texas

956-787-2539

1216 E. Jasmine Ave., Suite B, McAllen, TX 78501

<https://cacost.org/>

Texas Benefit Center

866-261-4603

<https://txbenefits.center/benefits/housing/>

Texas Department of Housing and Community Affairs

1-800-525-0657

<https://www.tdhca.texas.gov/>

Texas State Affordable Housing Corporation

888-638-3555

<https://www.tsahc.org/>

FHA Loans or programs

1-800-225-5342 (Toll Free)

1-800-877-8339 (TTY)

https://www.hud.gov/federal_housing_administration

HUD Rental Programs

1-800-955-2233 (Toll Free)

1-800-877-8393 (TTY)

<https://www.hud.gov/>

https://www.hud.gov/topics/rental_assistance

Low Income Energy Assistance Program (LIEAP)

1-866-674-6327 (Toll Free)

<https://www.benefits.gov/benefit/623>

To review eligibility in TX: Texas Department of Housing & Community Affairs

512-475-3951

P.O. Box 13941, Austin, TX, 78711-3941

About TEPHI

The Texas Epidemic Public Health Institute (TEPHI) works to help communities across Texas stay strong and ready for infectious disease outbreaks. We were created in 2021 and are based at UTHealth Houston.

TEPHI partners with local leaders and health experts to:

- Train the public health workforce through a variety of free courses
- Spot disease outbreaks early through wastewater testing
- Share clear, helpful health info with the public on infectious diseases
- Build a strong network of trained public health responders

TEPHI's goal is to keep Texans healthy and support our state's economy by getting ahead of outbreaks.

About The University of Texas at El Paso

The University of Texas at El Paso is America's leading Hispanic-serving university. Located at the westernmost tip of Texas, where three states and two countries converge along the Rio Grande, 84% of our 25,000 students are Hispanic, and more than half are the first in their families to go to college. UTEP offers 171 bachelor's, master's and doctoral degree programs at the only open-access, top-tier research university in America.

Updated: July 22, 2025

